



LUNCH

Price \$2.75 Milk \$0.50

FEBRUARY 2019

Orono High School & Orono Middle School

Daily Menu Alternative includes Sunbutter and Jelly Sandwich

Monday

Tuesday

Wednesday

Thursday

Friday



Meatball Monday 4

Meatball Marinara
Whole Grain Sub Rolls

*Salad Bar

Happy Lunar New Year 5

Sesame Noodles
Pork Dumplings
Vegetable Spring Rolls

*Salad Bar

Welcome to Orono 6

Rosie's Buffalo Mac
Fresh Broccoli Slaw
Fruit Jell-O

*Salad Bar

Pizza Day 7

Assorted Pizza on
Whole Grain Crust

*Salad Bar

Super Snacks 1

Beef & Cheese Nachos
Whole grain Tortilla Chips

*Salad Bar

Chef's Choice 8

Cafeteria Choice of
Entrée

*Salad Bar

Meatless Monday 11

Stuffed Shells & Marinara
Whole Grain Garlic Toast

*Salad Bar

South by Southwest 12

Southwestern White
Bean Soup
Whole Grain Biscuit

*Salad Bar

Pizza Day 13

Assorted Pizza on
Whole Grain Crust

*Salad Bar

Fire up the Grill 14

Korean BBQ Turkey
Seasoned Brown Rice

*Salad Bar

Dipping Day 15

Wild Mike's Cheese Bites
Marinara Dipping Sauce

*Salad Bar

18

No School

19

No School

20

No School

21

No School

22

No School

Meatless Monday 25

Quiche Lorraine or
Quiche Florentine

*Salad Bar

"Pie" Day 26

Beef Tamale Pie
Broccoli & Cheese
Casserole

*Salad Bar

Pizza "ish" 27

Chicken Parmesan
On Whole Grain
Flatbread

*Salad Bar

Chef's Choice 28

Cafeteria Choice of
Entrée

*Salad Bar

Lunch Menu includes minimum of an Entrée, Whole Grain, Fruit, Veg, and Milk (low fat regular and fat free flavored). Students **must take a fruit or vegetable** to be in compliance with National School Lunch Program. *Salad Bar is included with lunch and offers different items daily, which include fruits and vegetables as well as mixed salads, and items to go with daily menu. *Menus are subject to change*

"This institution is an equal opportunity provider"



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini Pancakes</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Homemade Whole Grain Muffin</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Bun</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Cinnamon Roll</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini French Toast</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Pizza</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Pancake Wrapped Sausage on a stick</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Cocoa Bread</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>

Breakfast options are available every day, the student must take 3 items a day (with one being fruit) to count for a reimbursable meal.. Menus are subject to change. "This institution is an equal opportunity provider"