



# MAY 2019

Daily Menu Alternative  
includes Sunbutter and  
Jelly Sandwich

Price \$2.50 Milk \$0.50

ASA C. Adams Elementary School

## Monday



### Meatless Monday 6

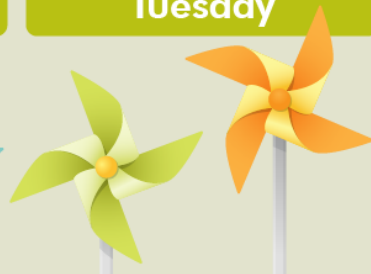
Cheesy Breadsticks  
w/ marinara  
28 g

Pigs in a blanket w/ whole  
grain dough 16  
29 g  
Potato Smiles  
22 g

**Meatless Monday 20**  
Cheesy Baked whole grain  
Macaroni & cheese  
40 g

**No School**

## Tuesday



### Teriyaki Tuesday 7

Chicken Dippers &  
Seasoned Brown Rice  
38 g

**Taco Tuesday 14**  
Beef or Bean Taco  
Whole grain Corn Tortilla  
32 g

**Try it Tuesday 21**  
Chicken or Veggie Gyro  
w/ whole grain pita  
28 g

**Red Riots Bowl 28**  
Popcorn chicken, corn,  
And tots  
42 g

## Wednesday

Chicken Sandwich 1  
Whole Grain Bun  
39 g  
French Fries  
22 g

**Pizza Day! 8**  
Homemade Cheese Pizza  
on whole grain crust  
32 g

**ASA "Snackables" 15**  
Flatbread, Ham or Turkey,  
cheese and Grapes  
30 g

**Pizza Day! 22**  
Homemade Cheese Pizza  
on whole grain crust  
32 g

Scrambled Eggs 29  
Whole gain Toast  
28 g

## Thursday

**Pizza Day! 2**  
Homemade Cheese Pizza  
on whole grain crust  
32 g

**Deli Subs 9**  
Ham or turkey with cheese  
On a whole grain hoagie  
28 g

**Pizza Day! 16**  
Homemade Cheese Pizza  
on whole grain crust  
32 g

Breaded Pollock on 23  
A whole grain bun  
40 g  
French Fries  
22 g

**Pizza Day! 30**  
Homemade Cheese Pizza  
on whole grain crust  
32 g

## Friday

**Power Nacho's 3**  
Beef & Bean Nachos  
19 g  
Whole grain corn chips  
20 g

Cheeseburgers on a 10  
Whole grain Roll  
29 g  
French Fries  
22 g

**Pepped up Friday 17**  
Bean & Quinoa Stuffed  
Sweet Peppers w/cheese  
48 g

Chicken bacon Ranch 24  
Whole grain flatbread  
32 g

**Burrito time! 31**  
Beef & Bean Burrito  
In whole grain wrap  
42 g

Lunch Menu includes minimum of an Entrée, Whole Grain, Fruit, Veg, and Milk (low fat regular and fat free flavored). Students **must take a fruit or vegetable** to be in compliance with National School Lunch Program. \*Salad Bar is included with lunch and offers different items daily, which include fruits and vegetables as well as mixed salads, and items to go with daily menu. **Menus are subject to change without notice**

"This institution is an equal opportunity provider"



Price \$2.75 Milk \$0.50

Orono High School & Orono Middle School

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**Meatless Monday 6**  
Crazy Curry Bowl  
Seasoned Brown Rice  
40 g

**Taco Tuesday 7**  
Fish Tacos with  
22 g  
Whole grain tortilla  
20 g

**Wacky Wednesday 1**  
Chicken Tenders  
16 g  
Whole grain waffle Sticks  
28 g

**Pizza Day 2**  
Assorted Pizza  
On Whole grain crust  
32 g

**Cheeseburgers on 3**  
Whole grain Bun  
29 g  
Fries  
21 g

**Meatless Monday 13**  
Whole Grain Cheesy  
Breadsticks w/marinara  
28 g

**Tuesday Bowls 14**  
Red Riots Bowl  
Popcorn chicken, corn,  
Mashed potato  
42 g

**Pizza Day 8**  
Assorted Pizza  
On Whole grain crust  
32 g

**Chicken bacon Ranch 9**  
Panini on whole grain  
32 g  
Crosscut Fries  
22g

**Chef's Choice 10**  
**Cafeteria Choice of Entrée**  
  
\*Salad Bar

**Meatless Monday 20**  
Chickpea Biryani  
Seasoned Farro  
68 g

**Bacon, Egg, Cheese 21**  
Whole Grain Croissant  
20 g  
Hash browns  
30 g (15g ea)

**Seize the Day 15**  
Chicken Caesar on  
Whole grain Flatbread  
33 g

**Pizza Day 16**  
Assorted Pizza  
On Whole grain crust  
32 g

**Thai day 17**  
Sweet Thai chili chicken  
Bowl w/ seasoned rice  
40 g

**Pizza Day 22**  
Assorted Pizza  
On Whole grain crust  
32 g

**Rosie's BBQ pulled pork 23**  
Whole grain Bun  
45 g

**Rosie's Rockin' Veggie 24**  
Chili with whole grain  
27 g  
Dinner Roll  
29 g

**No School 27**

**Tuesday Tubers 28**  
Baked Potato Bar  
Assorted Fixings  
  
\*Salad Bar

**Buffalo or Reg Chicken 29**  
patty w/whole grain bun  
Reg 39 g Spicy 44g  
Tater Tots  
19 g

**Pizza Day 30**  
Assorted Pizza  
On Whole grain crust  
32 g

**Chef's Choice 31**  
**Cafeteria Choice of Entrée**  
  
\*Salad Bar

Lunch Menu includes minimum of an Entrée, Whole Grain, Fruit, Veg, and Milk (low fat regular and fat free flavored). Students **must take a fruit or vegetable** to be in compliance with National School Lunch Program. \*Salad Bar is included with lunch and offers different items daily, which include fruits and vegetables as well as mixed salads, and items to go with daily menu. **Menus are subject to change without notice**

"This institution is an equal opportunity provider"